

BASIC NOISE TERMINOLOGY

NZIEH CONFERENCE
CHRISTCHURCH 2009

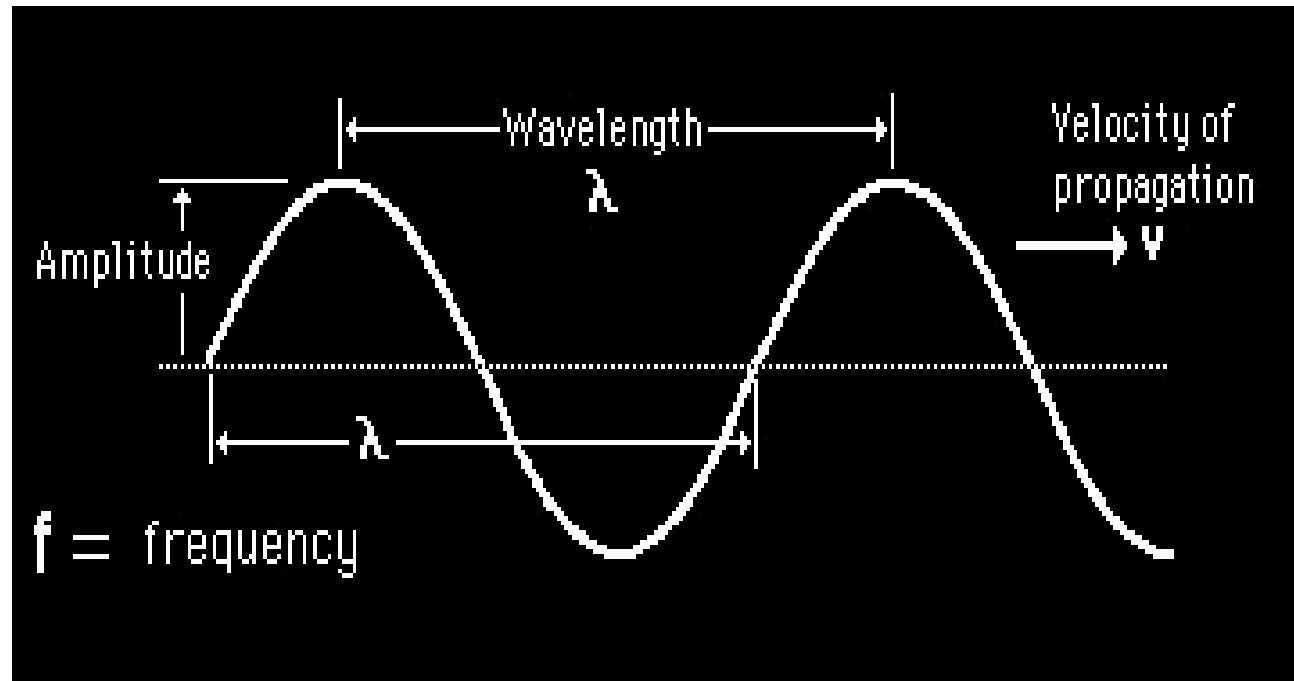
Russell Malthus
ViaStrada Limited



What is Noise?

- Noise may be considered as sound which serves little or no purpose for the exposed persons and is commonly described as “unwanted sound” - *(NZS 6802:2008)*

Sound wave characteristics



Frequency is expressed in Hertz (Hz) i.e. cycles per second (number of wavelengths passing a point in one second)
e.g. 1 Hz = 1 cycle/second, 500 Hz = 500 cycles/second

Range of human hearing

- Sound frequencies from approximately 20 Hz to 20,000 Hz
 - Speech is about 400 to 5000 Hz
 - Stereo bass, thunder are below 400Hz
 - Birds chirping, cicadas are above 5000Hz
- Sound pressure levels from 20 micropascals to over 100 pascals (100 million micropascals)

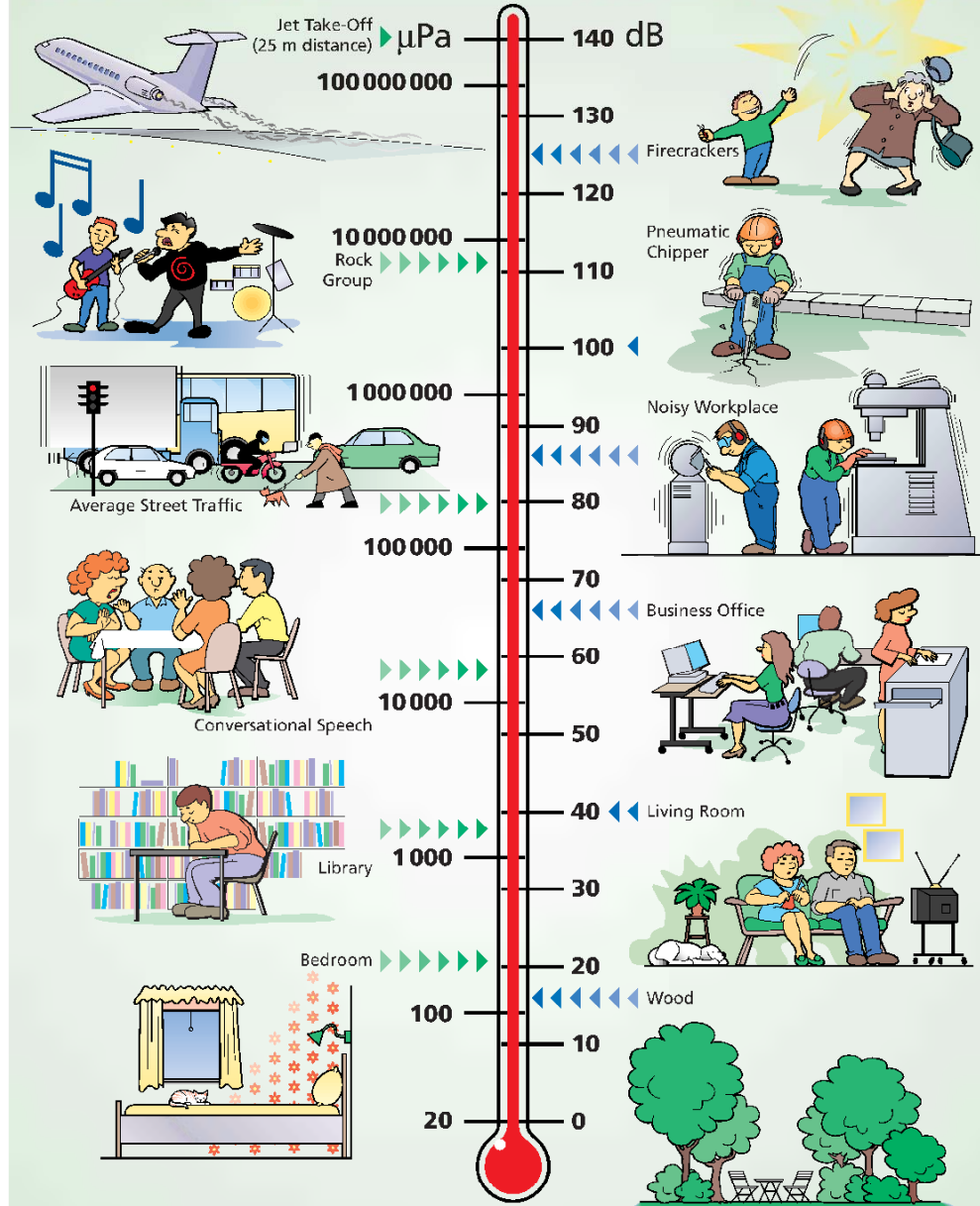
Decibel (dB)

- Using decibels allows us to handle the huge range of sound pressure values more easily
 - A decibel is a logarithmic unit of measurement used to express sound pressure levels, with 20 micropascals as the reference level
- For the mathematically inclined:
- A decibel is ten times the logarithm to the base 10 of the ratio of the square of the sound pressure to the square of the reference value.
$$10 \lg(p^2/p_0^2) \text{ dB (NZS 6801:2008)}$$

(reference value $p_0 = 20$ micropascals)

SOUND PRESSURE

SOUND PRESSURE LEVEL



Adding sound levels

- 1 plus 1 = 3!
(Adding two equal sound sources raises the level by 3 dB)

$$\text{e.g. } 50 \text{ dB} + 50 \text{ dB} = 53 \text{ dB}$$

- If the difference between the two sound sources is 10 dB or more, there is no increase:

$$50 \text{ dB} + 48 \text{ dB} = 52 \text{ dB}$$

$$50 \text{ dB} + 44 \text{ dB} = 51 \text{ dB}$$

$$50 \text{ dB} + 40 \text{ dB} = 50 \text{ dB}$$

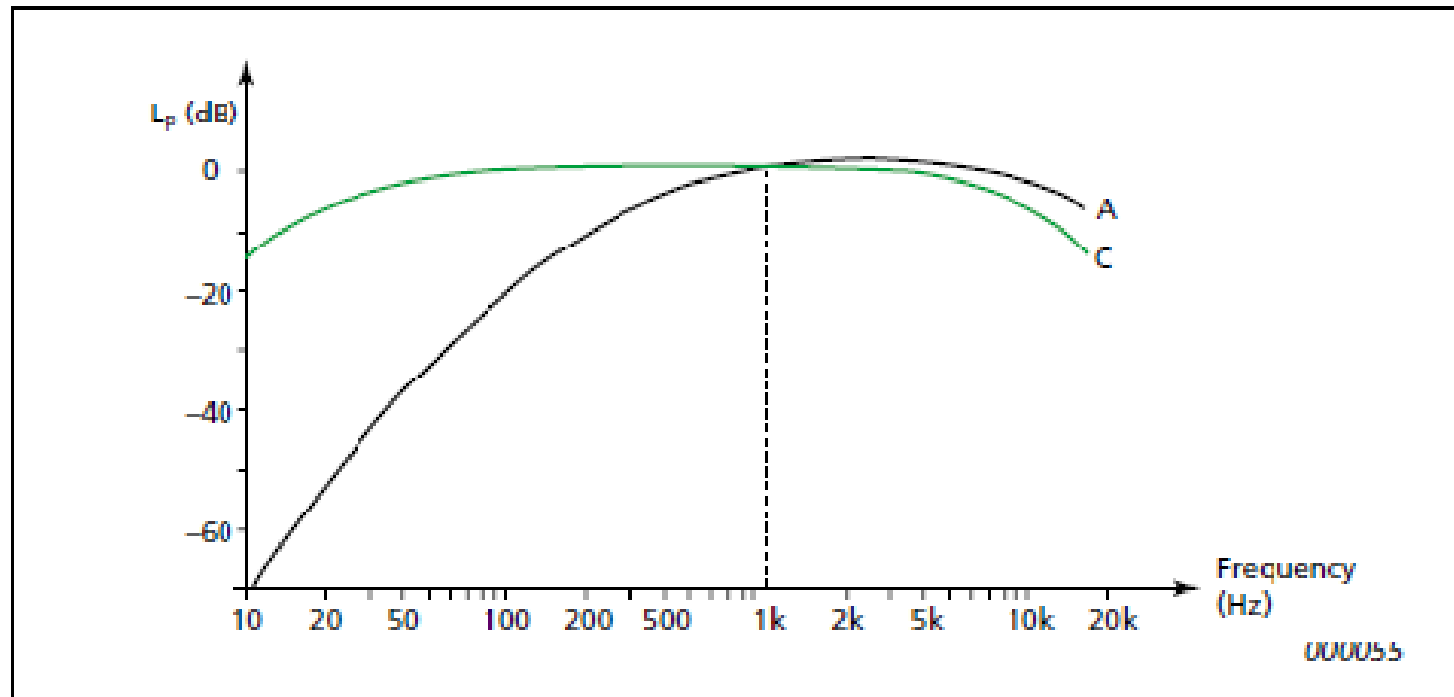
How we perceive changes of sound pressure level

- 2 or 3 dB change is just perceptible
- 5 dB is noticeable
- 10 dB change sounds twice as loud
- 20 dB change sounds 4x as loud
- 40 dB change sounds 8x as loud... etc

A and C Weighting

- Noises at different frequencies are perceived differently
- Human hearing adjusts (or 'weights') lower frequencies so that they don't sound as loud as higher ones
- In sound level meters, frequencies are 'weighted' (attenuated) in a similar way to our own hearing
- 'A' weighting approximates our normal hearing response, and is used in most noise standards in District Plans
- 'C' weighting is used in some Plans to control instantaneous loud noises such as blasting

A weighting and C weighting curves



Picture source: Bruel and Kjaer

Noise attenuation

Noise is reduced (attenuated) through

- distance from the source
 - Point source (e.g. generator): 6 dB per doubling of distance
 - Line source (e.g. road): 3 dB per doubling of distance
- air absorption
- buildings and other barriers
- meteorological conditions
- natural features such as terrain and forests
- But ground or water surface reflection and wind can increase the noise level at the receiving point
- High frequencies are easier to shield by buildings and barriers than low frequencies (i.e. bass)

Environmental noise terms

Term	NZS6801:2008 symbol	Previous NZS version symbols
Decibel (dB)		
• A or C weighting		
• Maximum noise level	• dB L_{AFMAX}	• dBA Lmax
• 10 Percentile level	• dB L_{A10}	• dBA L10
• Background noise level	• dB L_{A90} /dB L_{A95}	• dBA L90/dBA L95
• Equivalent sound level	• dB $L_{Aeq(t)}$	• dBA Leq
• Sound exposure level	• dB L_{AE}	• dBA SEL
• Peak sound level	• dB L_{Cpeak}	• LPeak

Noise parameters: Leq

dBL_{Aeq(t)} (NZS 6801:2008)

- The time-average A-weighted sound pressure level
- The level of steady noise which would contain the same sound energy as all the noise variations over the measurement period
- Can be used for a variety of noise types (steady, fluctuating etc)
- Good correlation with annoyance studies
- Accepted and applied universally

Percentile (Centile) levels

$\text{dBL}_{A10(t)}$ - “the L10”

- The level met or exceeded for 10% of the measurement interval
- Widely used in District Plans to control a variety of noise situations, but more appropriate for steady noise
- Will be replaced by L_{Aeq} as District Plans are gradually updated to include 2008 versions of NZS6801 and 6802

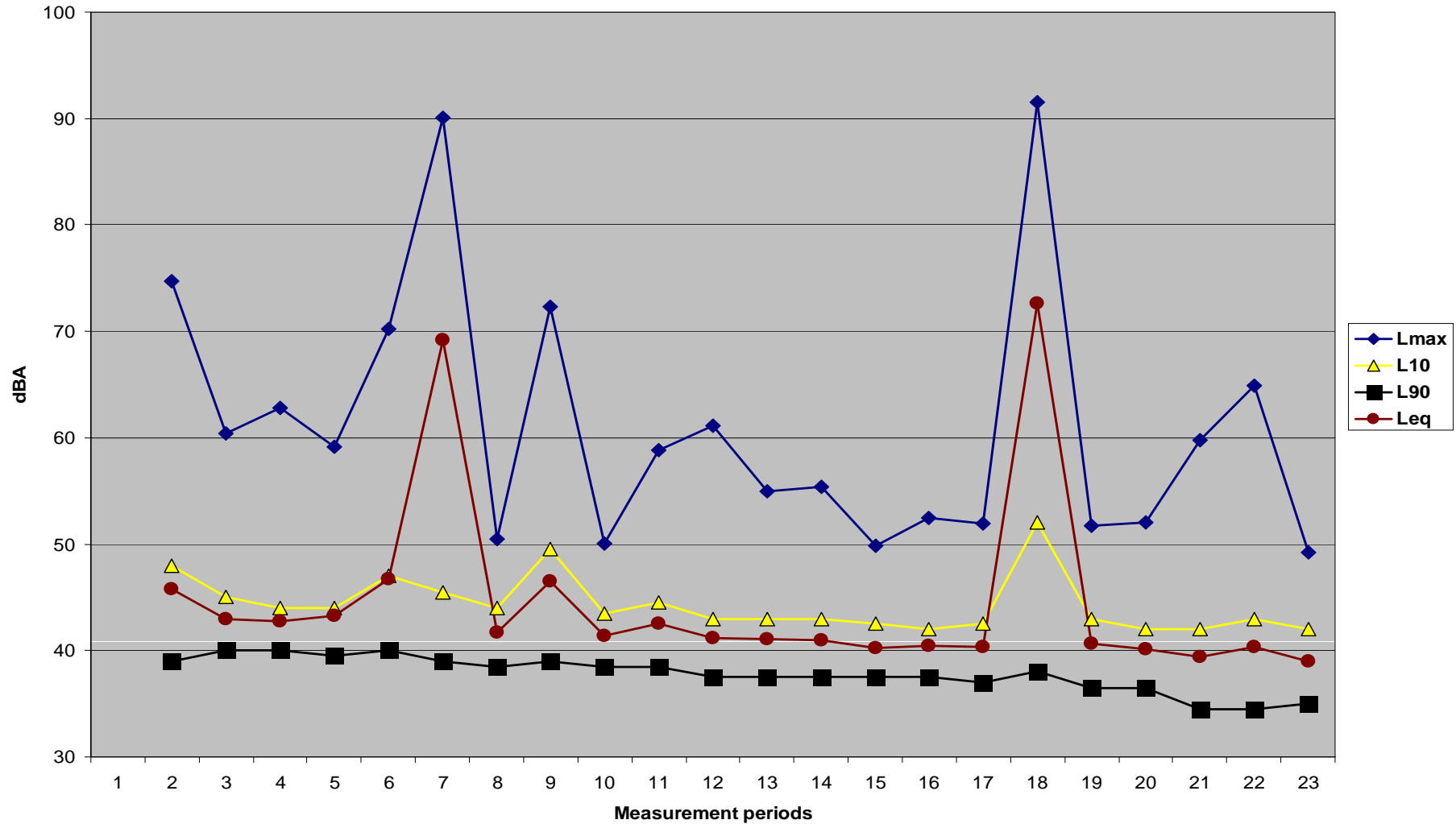
$\text{dBL}_{A90(t)}$ - “the L90”

- The ‘background’ noise level – the level met or exceeded for 90% of the measurement interval
- L95 used in earlier versions of NZ Acoustic Standards

Maximum noise level

- dBL_{AFMAX} (NZS 6801:2008)
 - Used as a 'cap' for noise emissions, to control brief loud noises which may not be controlled by L_{Aeq} or L_{A10}

Ln, Lmax and Leq compared



Sound exposure level

- dB SEL or dBL_{AE}
 - The sound level which, if maintained constant for one second, would convey the same sound energy as a given noise event
 - i.e. the energy of the event is normalised to 1 second
 - Allows the L_{eq} from a number of similar discrete noise events (e.g. car or aircraft movements) to be calculated for any assessment period
 - Allows the sound energy from different events to be compared

Day/night level

- Ldn

= L_{eq} (24 hours) with 10 decibels added during the night period because night-time noise events are more annoying

- $L_d = L_{eq}$ (15 hrs) between 0700 -2200hrs

- $L_n = L_{eq}$ (9 hrs) + 10dB between 2200 and 0700 hrs

Adding 10dB over the night period penalises any noise event during that period

- e.g. one night flight = 10 day flights

Thank you!

Russell Malthus
Senior Environmental Health Consultant
ViaStrada Limited
russell@viastrada.co.nz
www.viastrada.co.nz

